**UNIT PLAN** Hours: 80

**General Nursing and Midwifery - 1st year**

Teacher:

* COURSE TITLE: Community health nursing
* UNIT NO: 1
* Total hours: 12
* GENERAL OBJECTIVES: upon completion of the unit students acquire knowledge regarding the concept of community health and community health nursing

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| COMPETENCIES  The student is able to: | CONTENTS | HOURS | METHOD OF TEACHING | TEACHING-LEARNING ACTIVITIES | TEACHING AIDS | METHOD OF EVALUATION |
| Describe the concept of community health and community health nursing | **Introduction to community health and community health nursing.**  Health and disease   Community, community health, community health nursing.   Dimensions of health   Health determinants   Indicators of health levels of health care   Primary health care: Elements and principles Nurse’s role in primary health care.   Health for all by 2000 A.D   Evolution and development of community healthnursing in India and its present Concept.   Differences between institutional and community health nursing.   Community health team functioning   Philosophy, goals, objectives and principles of community health nursing practice.   Qualities and functions of a community health nursing | 2  2  2  2  2  2 | Lecture cum discussion  Lecture cum discussion  Lecture cum discussion  Lecture cum discussion | Structured discussion | .OHP  .Transparencies  .charts | Questions and answers  Questions and answers  Questions and answers  Questions and answers |

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**UNIT PLAN** Hours :10

Teacher :

**Unit no: II**

**Unit title: Community health nursing Process**

**General objective:** Upon completion of the class students willacquire knowledge regarding community health nursing process .

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| **COMPETENCIES**  **The student will be able to:** | **CONTENTS** | **HOURS** | **METHOD OF TEACHING** | **TEACHING AND LEARNING ACTIVITIES** | **TEACHING AIDS** | **METHOD OF EVALUATION** |
| Explain the concepts and definition of community health nursing process | **Community health nursing process**  Concepts and definition | 3 | Lecture cum discussion | Classroom discussions | -OHP  -Text book  -LCD | -Question & Answer  -Quiz |
| Explain and understand the importance of community health nursing process | Importance of the community health nursing process | 3 | Lecture cum discussion | Classroom discussions | -OHP  -Text book | -Question & Answer  -Quiz |
| Explain the steps of community health nursing process | Steps of the process: Community identification, population composition, health  and allied resources, community assessment, planning and conducting community  Health nursing care services | 4 | Lecture cum discussion | Classroom discussions | -OHP  -Text book | -Question & Answer  -Quiz  -Assignment |

**UNIT PLAN** Hours :6

Teacher :

* **Unit no: III**
* **Unit title:** Health Assessment
* **General objective :** upon completion of the class students shouldacquire knowledge regarding community health Assessment.

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| **COMPETENCIES**  **The student will be able to:** | **CONTENTS** | **HOURS** | **METHOD OF TEACHING** | **TEACHING AND LEARNING ACTIVITIES** | **TEACHING AIDS** | **METHOD OF EVALUATION** |
| Explain the characteristics of healthy individual. | Health assessment  Characteristics of healthy individual | 4 | Lecture cum discussion | Classroom discussions | -OHP  -Text book  -LCD | -Question & Answer  -Quiz |
| Identify the difference between a healthy and a deviated individual. | Identification of deviation from normal health | 2 | Lecture cum discussion | Classroom discussions | -OHP  -Text book | -Question & Answer  -Quiz |

**UNIT PLAN**

**UNIT NO : IV H**ours :10

**UNIT TITLE:**  • Principles of Epidemiology and Epidemiological methods

**GENERAL OBJECTIVES:** Upon completion of the unit the students will be able to gain knowledge on epidemiology and epidemiological methods.

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| **COMPETENCIES**  **The student will be able to:** | **CONTENTS** | **HOURS** | **METHOD OF TEACHING** | **TEACHING AND LEARNING ACTIVITIES** | **TEACHING AIDS** | **METHOD OF EVALUATION** |
| Describe the principles of epidemiology and epidemiological methods | Definition and aims of epidemiology   Basic tools of measurement in epidemiology   Uses of epidemiology . | 2  2 | Lecture cum discussion | Classroom discussions | -OHP  -Text book  -LCD | -Question & Answer  -Quiz |
| Explain disease cycle ,spectrum of disease and levels of prevention | Disease Cycle  Spectrum of disease.  Levels of prevention of disease | 2 | Lecture cum discussion | Classroom discussions | -OHP  -Text book | -Question & Answer  -Quiz |
| Understand and explain the immunization schedule ,control of infectious diseases and disinfection . | Disease transmission-direct and indirect  Immunity  Immuring agents and immunization schedule  -Control of infectious diseases Disinfection | 2  2 | Lecture cum discussion | Classroom discussions | -OHP  -Text book | -Question & Answer  -Quiz  -Assignment |

**UNIT PLAN**

**UNIT NO : V** Hours:  **10**

**UNIT TITLE:**  **Family health nursing care** Teacher:

**GENERAL OBJECTIVES:** Upon completion of the unit the students will be able to gain knowledge on Describe the concept ,goals and objectives of family health nursing care.

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| **COMPETENCIES**  **The student will be able to:** | **CONTENTS** | **HOURS** | **METHOD OF TEACHING** | **TEACHING AND LEARNING ACTIVITIES** | **TEACHING AIDS** | **METHOD OF EVALUATION** |
| Describe the concept ,goals and objectives of family health nursing care | . Concept, goals, objectives, family as a unit of health family health care services | 2 | Lecture cum discussion | Classroom discussions | -OHP  -Text book  -LCD | -Question & Answer  -Quiz |
| Explain the steps in family health nursing care process | Family health and nursing care process- family health assessment, family care plan.  - Family health services- Material, Child care and family welfare services | 4 | Lecture cum discussion | Classroom discussions | -OHP  -Text book | -Question & Answer  -Quiz |
| Explain and understand the roles and functions of a community health nurse | Roles and function of a community health nurse in family health services.  - Family health records | 4 | Lecture cum discussion | Classroom discussions | OHP  -Text book | -Question & Answer |

**UNIT NO: VI Hours : 8**

**UNIT TITLE:**  **Family health care settings**

**GENERAL OBJECTIVES:** Upon completion of the unit the students will be able to gain knowledge on about the family health care setting and the various functions of health personnel in these clinics.

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| **COMPETENCIES**  **The student will be able to:** | **CONTENTS** | **HOURS** | **METHOD OF TEACHING** | **TEACHING AND LEARNING ACTIVITIES** | **TEACHING AIDS** | **METHOD OF EVALUATION** |
| Describe and explain about the home visit ,its purposes and principles | **Home visiting -**Purpose -Principles -Planning and evaluation  - Bag technique | 5 | Lecture cum discussion  Demonstration | Classroom discussions  Return demonstration | -OHP  -Text book  -LCD | -Question & Answer  - Return demonstration |
| Describe and explain about the family health care setting and the various functions of health personnel in these clinics |  Clinic  - Purposes  -Types of clinics and their functions  - Setting up of various clinics.  . Functions of Health personnel in these clinics | 3 | Lecture cum discussion | Classroom discussions | -OHP  -Text book | -Question & Answer  -Quiz |

**UNIT NO: VII Hours : 4**

**UNIT TITLE:** REFERRAL SYSTEM  **Teacher :**

**GENERAL OBJECTIVES:** Upon completion of the unit the students will be able to gain knowledge on about referral systems.

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| **COMPETENCIES**  **The student will be able to:** | **CONTENTS** | **HOURS** | **METHOD OF TEACHING** | **TEACHING AND LEARNING ACTIVITIES** | **TEACHING AIDS** | **METHOD OF EVALUATION** |
| Explain and describe about referral system. | . Referral system | 4 | Lecture cum discussion | Classroom discussions | -OHP  -Text book  -LCD | -Question & Answer  -Quiz |

**UNIT NO: VIII Hours : 10**

**UNIT TITLE: Records and Reports Teacher :**

**GENERAL OBJECTIVES:** Upon completion of the unit the students will be able to gain knowledge on about records and reports.

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| **COMPETENCIES**  **The student will be able to:** | **CONTENTS** | **HOURS** | **METHOD OF TEACHING** | **TEACHING AND LEARNING ACTIVITIES** | **TEACHING AIDS** | **METHOD OF EVALUATION** |
| Explain and understand the importance of records and reports and maintaining it . | Records and Reports  - Types of records  - Uses of records  - Essential requirements of records. Cumulative records  - Design of cards/ Records | 10 | Lecture cum discussion | Classroom discussions.  Arrange visits to PHC, Subcentres to get oriented to the various reports maintained there. | -OHP  -Text book  -LCD | -Question & Answer  -Quiz |

**UNIT NO: IX Hours : 10**

**UNIT TITLE: MINOR AILMENTS Teacher :**

**GENERAL OBJECTIVES:** Upon completion of the unit the students will be able to gain knowledge on about minor ailments

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| **COMPETENCIES**  **The student will be able to:** | **CONTENTS** | **HOURS** | **METHOD OF TEACHING** | **TEACHING AND LEARNING ACTIVITIES** | **TEACHING AIDS** | **METHOD OF EVALUATION** |
| Explain and classify minor ailments and to understand about standing orders. | Minor ailments  -Classification  - Early detection and management  - Standing instructions/orders | 10 | Role play,  Demonstration | Classroom discussions  Demonstration and practice | -OHP  -Text book  -LCD | -Question & Answer  -Return demonstration |

**Reference Books**

1. Keshav Swarnkar Community Health Nursing (H & E )
2. A M Chakle Health worker ke liye pathyapustak
3. K Park Preventive & Social Medicine
4. SIFPSA Samudayik Swasthya SIFPSA (State innovation in Family planning services project agencies)